

# Park City Aikido Testing Requirements

(01-10)

\* 6th Kyu (20 class days and 3 months minimum)

Atemi waza:

Demonstration of various attacks

Tachi Waza:

Ukemi

Tai no Tenkan

Katate dori - dai Ikkyo

Kosa dori - Irimi nage

Suwaru Waza:

Shikko

Kokyu Ho

\*5th Kyu (40 class days and 5 months minimum)

Tachi Waza:

Katate dori - Kokyu Ho

Kosa dori - dai Ikkyo

Katate dori - Shiho nage

Katate dori - Irimi nage

Shomen uchi - dai Ikkyo

Shomen uchi - Irimi nage

Yokomen uchi - Kote gaeshi

Suwaru Waza:

Kata dori - dai Ikkyo

Katate dori - dai Nikyo

Buki Waza:

Tanto dori #1 (Yokomen uchi - dai Gokyo)

20 Jo-Nagare (1~10 of 20 Jo-Nagare)

\*4th Kyu (50 class days and 7 months minimum)

Tachi Waza:

Kata dori - Sankyo

Morote dori - Kokyu Ho

Ryote dori - TENCHIN nage

Tsuki - Kote gaeshi

Tsuki - Irimi nage

Shomen uchi - dai Nikyo

Yokomen uchi - Shiho nage

Suwaru Waza:

Katate dori - Sumi Otoshi

Shomen uchi - dai Ikkyo

Buki Waza;

20 Jo-Nagare

Tanto dori #2 (Tsuki - Kotegaeshi)

Jo dori #1 (Kokyu nage)

Tachi dori #1 (Kokyu nage)

\*3rd Kyu (70 class days and 9 months minimum)

Tachi Waza:

Katate dori - dai Sankyo  
Kata dori Shomen uchi - Jiji nage  
Morote dori - Irimi nage (2 shu)  
Ryote dori - Irimi nage (2 shu)  
Ryote dori - Shiho nage  
Ryote dori - Kokyu nage (2 shu)  
Shomen uchi - dai Rokyu

Ushiro Waza:

Ryokata dori - Soyundo  
Ryotekubi dori - dai Ikkyo~Nikyo  
Ryotekubi dori - Kote gaeshi & Shiho nage

Suwari Waza:

Kata dori - dai Rokyu  
Shomen uchi - dai Yonkyo

Buki Waza

Tanto dori #3 (Tsuki - dai Rokkyu)  
Tachi dori #2 (Irimi nage)  
Jo dori #2 (Juji - garami)  
Kumi Jo (1~6 of 31 Kumi Jo)  
8 Bokken Suburi

\*2nd Kyu (80 class days and 11 months minimum)

Tachi Waza:

Katate dori - Kaiten nage (uchi/soto)  
Katate dori - Koshi nage  
Kata dori Shomen uchi - dai Sankyo (2 shu)  
Shomen uchi - Shiho nage  
Shomen uchi - Sumi Otoshi  
Yokomen uchi - Ude garami

Ushiro Waza:

Ryotekubi dori - dai Sankyo~Yonkyo  
Katate kubijime - Juji nage  
Ryokata dori - Kokyu nage

Hanmi Handachi Waza:

Katate dori - Shiho nage  
Shomen uchi - Irimi nage

Suwari Waza:

Kata dori - Kata Gatame  
Shomen uchi - Kote Gaeshi

Buki Waza:

Kimusubi - Ichi No Tachi  
Tanto dori 4 (Yokomen uchi - Shiho nage)  
Tachi dori #3 (Tembin nage)  
Jo dori #3 (Kokyu nage)  
Kumi Jo (1~12 of 31 Kumi Jo)

\*1st Kyu (100 class days and 1 year minimum)

Tachi Waza:

Yokomen uchi - Irimi nage (3 shu)  
Shomen uchi - Kokyu nage  
Kata dori Shomen uchi - Irimi nage (2 shu)  
Tsuki - Kaiten nage  
Yokomen uchi - Hiji kime nage / Tembin nage  
Ryote dori - Juji nage  
Morote dori - Koshi nage (3 shu)

Ushiro Waza:

Ryotekubi dori - Koshi nage  
Ryokata dori - Irimi nage  
Ushiro tori - Aiki otoshi

Hanmi Handachi Waza:

Ryote dori - Shiho nage  
Shomen uchi - Kote gaeshi

Suwari Waza:

Shomen uchi - Irimi nage  
Yokomen uchi - Kokyu nage

Jiyu Waza:

Katate dori (5-shu)  
Ryote dori (5-shu)  
Shomen uchi (5-shu)

Buki Waza:

Tanto dori #5 (ushiro Tsuki - Kotegaeshi 2 shu L/R)  
Tachi dori #4 (Kote gaeshi)  
Jo dori #4 (Yokomen uchi - dai Nikyo)  
Ni - No Tachi  
Kumi Jo 1~21 (of 31 Kumi Jo)

SHO DAN (1st Dan) (100 class days, 2 seminars, and 1 year minimum)

(Dan testing requires all techniques for current test level plus all previous test requirements)

31 Kumi Jo  
Tanto Dori ~ 6 shu  
Tachi dori ~ 6 shu  
Jo dori ~ 6 shu  
San - No Tachi  
Rondori Waza (2 attackers)

NI DAN (2nd Dan) (300 class days, 4 seminars, and 2 years minimum)

Go - No Tachi  
Ninin Gake (2 shu)  
Keri Waza (4 shu kicks)  
Ni Waza (4 shu ground)  
Rondori Waza - (2 attackers - 1 with weapon tanto or jo)

SAN DAN (3rd Dan) (450 class days, 6 seminars, and 3 years minimum)

Nagare - No Tachi (kimusubi~go)  
Renzoku Waza (6 shu)  
Sannin Gake (3 attackers)  
Rondori Waza - (3 attackers - 2 weapons, 1 tanto, 1 jo)  
Irimi nage (20 shu)

YON DAN (4th Dan) (500 class days, 8 seminars, and 4 years minimum)

Kaeshi Waza (4 shu)  
Ken tai Jo 1~5  
Kumi-Jo (3 shu) Kesa, Tsuki, Shomen  
Visit Wagokan Dojo in Osaka, Japan and attend class